



At the center of Intersubjective Self Psychology is the belief that deep therapeutic change unfolds when the central hopeful strivings of patient and therapist are engaged to form a transformative bond and when the inevitable ruptures in that bond are empathically responded to and repaired.

TRISP 3-Year Continuing Education Program in **Intersubjective Self Psychology**

The TRISP One- Two- and Three- Year Continuing Education Programs in Intersubjective Self Psychology are designed for licensed clinicians interested in expanding their psychoanalytic knowledge base and enhancing their clinical skills with the theory of Intersubjective Self Psychology. Clinicians who have been introduced to self psychology and intersubjectivity will find that the study of Intersubjective Self Psychology will not only enhance their comprehension of each foundational theory but will build a new foundation based on the integration of the two traditions. Those who are newer to Intersubjective Self Psychology will gain a comprehensive understanding of the theory and its application in the clinical setting.

The complete series includes eight seminars over three years. Presentation of theory will be coordinated with discussion of clinical applications. Third year students are encouraged to augment their studies with individual case consultation with a faculty member at a greatly reduced fixed fee. The continuing education series culminates with students presenting their clinical work to the faculty and members of the TRISP community at a graduation ceremony.

Seminars are offered Wednesday evenings from 7:30 pm to 9pm. All seminars are taught by licensed faculty and held in private offices in Manhattan. Continuing Education Credits are available for all classes; each 15-session class offers 22 CEUs and each 16-session class offers 24 CEUs.

Training and Research in Intersubjective Self Psychology

www.trisp.org 212/828/1042 trispfoundation@gmail.com

Year One

Fall Semester

Intersubjective Self Psychology I - Fundamentals of Self Psychology - This course will introduce students to the essential concepts of Heinz Kohut which have made self psychology a unique and vibrant theory of the human mind and psyche. Concepts covered will include empathy, selfobject need, ambitions and ideals, humor, wisdom, aggression and narcissistic rage, and Kohut's conceptions of defense and resistance.

15 weeks – 8 theory seminars alternate with 7 group case discussions
22 Continuing Education Credits available

Spring Semester

Intersubjective Self Psychology II – Selfobject Transference and Repetitive Transference – This course is devoted to the expanded conceptualization of transference as it has evolved through Kohut's contribution to the clinical domain: The three selfobject transferences – mirror, idealization and twinship – and the resistances to them which manifest in the form of repetitive transference.

15 weeks – 8 theory seminars alternate with 7 group case discussions
22 Continuing Education Credits available

Year Two

Fall Semester

Intersubjective Self Psychology III - Fundamentals of Intersubjectivity - This course will introduce students to the fundamental concepts of the theory of intersubjectivity, as conceived by Stolorow, Atwood, Brandchaft, and Orange. These elaborations brought Kohut's theory of self psychology into the 21st century and put intersubjectivity theory in the central place in contemporary psychoanalytic thinking that it now occupies. The principle topic covered in this course is the concept of the intersubjective field and its constituents in all its complexity.

15 weeks – 8 theory seminars alternate with 7 group case discussions
22 Continuing Education Credits available

Spring Semester

Intersubjective Self Psychology IV - Case Discussion - In this course students will read published cases from the self psychological and intersubjective literature in order to illuminate the principles discussed in the other classes. In addition, significant cases written within other psychoanalytic traditions will be considered and re-formulated within the self psychological and intersubjective models.

15 weeks – 8 theory seminars alternate with 7 group case discussions
22 Continuing Education Credits available

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Year Three

Fall Semester

Intersubjective Self Psychology V - Primer in Intersubjective Self Psychology – This course will be devoted to the core concepts of Intersubjective Self Psychology: the interplay of hope and dread and of leading edge and trailing edge in both patient and therapist in the intersubjective field. Structure building and structural transformation will also be discussed.

Intersubjective Self Psychology VI - ISP in Action I – This course will be devoted to the clinical applications of Intersubjective Self Psychology. Topics will include: mourning, addictions, trauma, depression, anxiety, and creativity. Different treatment modalities and patient groups – such as couples therapy, child therapy and working with the LGBTQ population – will be considered. Each topic is taught by different faculty with expertise in the particular area.

16 weeks – Each 8-session class meets in alternate weeks
24 Continuing Education Credits available

Individual case consultation – privately arranged

Spring Semester

Intersubjective Self Psychology VII - Important Readings in Intersubjective Self Psychology – In this class core papers as well as the most contemporary readings in Intersubjective Self Psychology will be presented. Students will thus have the opportunity to be exposed to and discuss the most cutting edge thinking in Intersubjective Self Psychology.

Intersubjective Self Psychology VIII – ISP in Action II – In this class students will develop their case presentations to be presented to the faculty at the graduation ceremony.

16 weeks – Each 8-session class meets in alternate weeks
24 Continuing Education Credits available

Individual case consultation – privately arranged

Fees

First year

Two 15-week seminars (based on \$750/semester) = \$1500
44 Continuing Education Credits available

Second year

Two 15-week seminars (based on \$750/semester) = \$1500
44 Continuing Education Credits available

Third year

Four 8-week seminars (based on \$400/seminar) = \$1600
48 Continuing Education Credits available

\$60/individual case consultation x 32 = \$1920

Total = \$3520

Application

Name: _____

Address: _____

Home Phone: _____

Office Phone: _____

Cell Phone: _____

E-mail: _____

Please submit the following:

1 – A brief (one page) statement of your interest in studying Intersubjective Self Psychology at TRISP. Please include anything you would like us to know about you.

2 - A current Curriculum Vitae

3 – A copy of your license to practice psychotherapy

4 - Two letters of reference

5 - A non-refundable application fee of \$50, made out to TRISP Foundation.

Applications may be submitted:

by email to: trispfoundation@gmail.com

by mail to: TRISP Foundation – 350 Central Park West, #1J, NY, NY 10024

Applications are reviewed on a rolling basis.

Qualified applicants will be contacted to arrange for two in-person interviews.

Questions? Call or email TRISP (212/828/1042, trispfoundation@gmail.com).